

### **Brief report from the first NextGEN ENETS scientific workshop**

The first NextGEN ENETS scientific workshop was held on 7-8 October 2022 in Uppsala, Sweden. During the two days, the workshop gathered 13 early-career scientists from different countries to present their research in front of a panel of renowned NET experts: Marianne Pavel, Eva Tiensuu Janson, Anne Couvelard, Ashley Grossman, and John Ramage. Topics focused on key features of research like prognostic and predictive markers and imaging in NETs.

As a clinician-in-training endocrinologist currently working at Elias Emergency University Hospital located in Bucharest, this workshop enabled me to gain more experience in the NET field and deliver better presentations.

Following presentations, lively debates ensued, including valuable reflections from the group of panel experts, plus information exchange between participants. Furthermore, we discussed related barriers and solutions when preparing a manuscript for publication with a step-by-step approach presented by Ashley Grossman.

One of the main objectives of the two-day workshop was to improve our presentation skills by inviting Peter Lind. I was keen for this to be a unique experience to also boost my public speaking skills and the next day's discussions were fundamental to this exchange. Peter Lind gave us personal feedback after a 3-minute presentation that was warmly welcomed by all attendees. His methods helped me structure my presentation and provide a persuasive speech in a confident manner.

This was a well-designed workshop that provided insight into the scientific aspects of NET research and managed to build strong connections between people who share the same passion. I highly recommend this workshop to young researchers who have a particular interest in the NET field and are looking to improve their speaking skills to make their messaging significantly more impactful.

As a special added value of this workshop, I managed to familiarize myself with good practices as a channel for my personal experience in preparing and orally presenting scientific research. Given my pursued interest in this complex field of neuroendocrine neoplasms, I am confident that I gained very useful feedback and suggestions for the way forward.

I would like to thank ENETS for giving me the opportunity to share this wonderful experience. My thanks are extended to all attendees including Leah Matthews who also encouraged me as I came with my two little daughters and gave me real support throughout. I am confident that this workshop also opened up new opportunities in my career. Future collaboration with my home institution may contribute to the better management of these tumors in Romania.

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